



Deepen Your Understanding:

Advanced Vedanta Retreat on the Bhagavad Gītā

Sat May 3 to Sat May 10, 2025

register at arshavidya.org



Śrī Vijay Kapoor

Dear Experienced Vedānta Students,

Embark on a transformative journey to unlock the profound depths of the Bhagavad Gītā. This retreat is designed for seasoned students seeking more than just a broad-level understanding, aiming for the ultimate freedom from all limitations, including the fear of death itself.

While the Gītā offers invaluable guidance for daily living – work as self-improvement, harmonious relationships, and devotion – its core message transcends relative happiness. We will delve into the critical barriers that often hinder even experienced seekers from realizing their innate, absolute freedom.

Over 18 sessions, we will employ a systematic two-step approach, "Prakriyā" in Vedānta, to illuminate these profound truths:

- **Foundational Concepts:** We will meticulously explore the essential building blocks of Vedānta, ensuring a solid understanding of key principles.
- **Gītā Integration:** We will then directly apply these concepts to specific passages within the Bhagavad Gītā, bridging theory and lived experience.

This retreat is not a beginner's introduction, but rather an advanced re-exploration of our sacred text, designed to deepen your grasp of Vedānta and reveal its practical relevance in your pursuit of liberation.

Please visit arshavidyacenter.org for more information.