Swami Viditatmananda is one of the most revered teachers of Advaita Vedānta today. Swamiji's simple, loving nature, scholarship, depth of understanding and communication skills have endeared him to serious students of Vedānta.

Swamiji is an ideal guru, who imparts the core wisdom of the scriptures and explains each point in detail until he is sure that each person in front of him has understood. The depth of Swamiji's wisdom, compassion, and kindness brings great joy to his disciples and to all who come in contact with him.

Learning to chant Purusha Suktam is good. Understanding the Vedic view of creation is even better. But gaining an insight into Isvara’s vision as understood and revealed by Mahatmas makes our lives totally fulfilling.

Register for an online course of 16 weekly online classes, streamed on YouTube every Thursday from 8 to 9 PM PST, starting on Thurs, May 21. Or you can watch the recorded videos later (Details below)

Purusha Suktam is one of the most sacred Vedic hymns to Isvara, and explains the creation of the universe. Along with Sri Rudram it occupies a special place in all pujas and homas – it is invariably recited. It is wonderful to see how many people know how to chant it with proper svaras in many occasions in Bay Area temples. (Note: we may practice chanting, but it will not be taught). Many translations also are available. But much rarer is the access to the insight of Mahatmas into the wisdom of Isvara’s creation that once understood, makes our lives fulfilling, both personal as well as societal.

I lived in an ashram with my guru Pujya Swami Dayananda Saraswati for 2 ½ years. During this time, besides studying the main Upanishads, Bhagavad Gita and Brahma Sutra we were very fortunate to learn to chant many Vedic prayers with svaras, Sanskrit grammar as well as the meaning of Sri Rudram and Purusha Suktam. I taught Sri Rudram previously, but to share an understanding the vision of Purusha Suktam with students of Arsha Vidya Center, is a first.

About the teacher: Sri Vijay Kapoor

- He has been teaching Vedanta for over 30 years; currently to approx. 150 students.
- He was introduced to Vedanta by Swami Chinmayananda in 1973, Sri Kapoor attended the 2 ½ year course taught by Swami Dayananda in Piercy, CA from 1979 to 1982.
- He is a co-founder of the Arsha Vdya Gurukulam in Saylorsburg, Pennsylvania and founder of Arsha Vidya Center in the Bay Area.
- Sri Kapoor has a MS in computer science from UC Berkeley, and MBA from Univ of Santa Clara.

For watching live on Youtube, click this link [AVC BayArea Youtube channel], Select "Video" tab, and click on current "live" class, or choose a previously recorded class. The Playlist tab also has the compilation of videos by topic.

Prior registration is required. For registration (no charge), send email to: vijaykapoor@gmail.com. Please visit our website arshavidyacenter.org