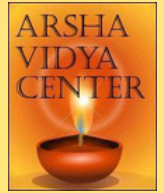


Arsha Vidya Center Bay Area presents discourses by  
**Swami Muktatmananda Saraswati**



## **Nirvana Shatakam**



Adi Shankaracharya's Nirvana Shatakam is a group of six verses that talks about how to achieve freedom from all blemishes and deficiencies. These melodious verses reveal the truth that every human being should know. Not knowing my true self creates a problem for myself. These verses negate what I am not, correct the mistake, and reveal my true self. By negation one becomes free from all blemishes and limitations, and one gains Moksha.

Swami Muktatmananda is a disciple of Pujya Swami Dayananda and Swami Veditatmananda, Swamiji leads retreats and regular classes on the Gita, Upanishads, and Brahmasutras at Tattvathirth Ashram, Ahmedabad. In addition to participating in this year's Vedanta programs at AVG, Swamiji is also teaching ongoing weekend classes on Bhagavad Gita and engaging in community outreach. Swamiji wears his depth of scholarship with great lightness, delivering the teachings with clarity and ease.

### **Friday, April 4th**

Session 1: 7:00pm - 9:00pm

### **Saturday, April 5th**

Session 1: 9:00am - 10:15am

Session 2: 10:30am - 11:45am

Lunch (included): 11:45am - 1:00pm

Session 3: 1:15pm - 2:30pm

Session 4: 2:45pm - 4:15pm

### **Sunday, April 6th**

Session 1: 9:00am - 10:15am

Session 2: 10:30am - 12:00pm

Venue: 691 S Milpitas Blvd, (Main Hall)  
Milpitas, CA 95035

Registration required at <https://arshavidyacenter.org>  
Talks are in English. The Event is Free of Charge. Come meet Swamiji.

Contact: [Latha@arshavidyacenter.org](mailto:Latha@arshavidyacenter.org)

Recordings via website links

