

**NORTHERN CALIFORNIA PROGRAMS
SVATMAVIDYANANDA SWAMINIJI
JULY 3-10, 2024**

**JULY 3-6 SIVANANDA YOGA FARM, GRASS VALLEY
TALKS ON VEDANTA AND EMOTIONAL WELLNESS
FOR REGISTERING AND FOR MORE INFO, PLEASE CLICK [HERE](#)**

**JULY 7 BAY VAISHNAVA PARIVAR, (BAY VP)
175 NORTECH PKWAY, SAN JOSE, CA 95134
9:30 AM TO 12 NOON HALF-DAY RETREAT PRAMĀṆA VICĀRA:
OVERCOMING INHIBITIVE FACTORS
IN THE ASSIMILATION OF SELF-KNOWLEDGE**

**JULY 10 CENTER FOR SPIRITUAL ENLIGHTENMENT
1146 UNIVERSITY AVE, SAN JOSE, CA 95126
9:30 AM TO 12:30 PM DAYLONG RETREAT
YOGA IN THE BHAGAVAD GITA
2:30-4:00 PM LESSONS IN DHARMIC LIVING WITH YOGACHARYA UMA
FOR REGISTERING AND FOR MORE INFO, CLICK [HERE](#)**

**JULY 10 CENTER FOR SPIRITUAL ENLIGHTENMENT
6:30-8:00 PM A TALE OF TWO SEEKERS:
LESSONS FROM THE CHANDOGYA UPANISHAD
FOR REGISTERING AND MORE INFORMATION, CLICK [HERE](#)**