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# Pūrṇa Vidya

## पूरुण वलदुडल



Kumud Singhal

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## Course Curriculum

**Prayers:** Teach proper chanting of sanskrit slokas.

Reference: “My prayers” booklet prepared by me

**Panchtantra Stories:** These short stories have animals as the main characters and are unique in their ability to catch attention of young children and educate them about right and wrong, dharma – adharma in simplistic terms. The stories will follow a discussion about the morals of these stories. Students will also be asked to use their imaginations to colour the illustrations.

Reference: 20 Panchtantra Stories for the Young

**Puranic Stories:** Complete projects on Lord Ganesha, Lord Krishna, Ten avatars of Lord Vishnu, etc

**Stories common in India:** Akbar & Birbal, Vikram & Betaal, .....

**Values of Life:** Discussion why values are important ie speaking the truth, not hurting, etc

**Language:** Introduction to devanagari alphabets

**India:** Indian History, indian flag, anthem, .....

**Festivals:** Celebrate religious functions in class like Diwali, Holi, Shivaratri, ..

**Arts and Crafts:** Arts and Crafts related to stories

**Puja:** Teach first three steps in the sixteen step puja

**Stage Show:** Children perform a play and chant in front of the parents

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## Words of Wisdom

सत्यं वद	Speak the truth
धर्मं चर	Act according to virtue
मातृदेवो भव	Treat mother as God
पितृदेवो भव	Treat father as God
आचार्यदेवो भव	Treat the teacher as God
अतिथिदेवो भव	Treat the guest as God
विद्या ददाति विनयं	Learning gives modesty

## Class Discussions

- Why should we speak the truth?
- Why should we do the right thing?
- Why should we treat our parents and teachers with respect?
- Why is learning new things fun?
- What does "Learning gives modesty" mean?

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## Discussion Topics

Why should we help others?

Why should we not hurt others?

Why should we not call names?

Why do we make fun of others?

Why should we be polite?

Why do we lie?

Why should we speak the truth. Sometime speaking the truth gets us into trouble

### Always Remember:

The sun gives light and warmth to everyone  
The trees gives shades and fruits to everyone

Everything is given to us!

We should only use what we need

We should not waste anything

छायामानस्य कुर्वन्ति तिष्ठन्ति स्वयमातये ।

फलान्यापि परार्थाय वृक्षाः सत्पुरुषाः इव ॥

Trees are like good people. They themselves stand in the heat and make shade for others. (Their) fruits are also) for (the benefit )of others.

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## We Are Thankful !

We are thankful for:

**Shelter:** The home we live in

**Clothing:** The clothers we wear

**Water:** Not any kind of water, but clean water to drink, it doesn't make us sick.

**Food:** Good food to keep us strong and healthy.

**Friends and family:** To support us and to share our lives with.

**Jobs:** To keep a roof over our heads, clothing on our bodies, fresh water to drink, food to eat and to provide us with everything else we need.

We are Thankful...

We are thankful for each day  
For our friends and for our play  
We are thankful; We are glad  
For the food and things we have  
We give thanks for you and me  
And our home and family.

Thank You...

Thank you for the food we eat  
Thank you for the world so sweet  
Thank you for the birds that sing

Thank you, thank you  
For everything.

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## The Cuckoo and the Crow

My father told me something,  
That I'd like you to know,  
It's all about the cuckoo  
And her feathered cousin, crow.  
Whether you see the other  
Or you see the one,  
Since both are black, the difference  
Is apparent to none.  
But when the winter fades away  
Gives birth to colourful spring,  
The heavenly voice of the cuckoo,  
From ancient trees doth ring.  
And so it is with the good,  
Outer appearances matter not,  
It's with stuff that they are made of,  
That the world's attention is caught.  
So be like the cuckoo, child he said  
Develop your strengths within.  
Make a difference to every life you touch,  
By heralding the spring in.

काकः कृष्णः पिकः कृष्णः को भेदः पिककाकयोः ।

वसन्तसमये प्राप्ते काकः काकः पिकः पिकः ॥

kakaḥ kṛṣṇaḥ pikaḥ kṛṣṇaḥ ko bhedaḥ pikakāakayoḥ  
vasantasamaye prāte kakaḥ kṛṣṇaḥ pikaḥ pikaḥ

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## Unity in Diversity

There are bangles, there are chains

There are rings, there are earings

But all are made of GOLD

Bangles, chain and rings are all different forms of GOLD!

There are tables, there are chairs

There are desks, there are doors

But all are made of Wood

Tables, chairs, desks and doors are all different forms of WOOD!

There are shirts, there are shorts

There are jeans, there are skirts

But all are made of FABRIC

Shirts, shorts, jeans and skirts are all different forms of FABRIC

There is Aditi, there is Roopal

There is Vishnu, there is Pranav

We are different yet we are the same

There is unity in diversity

SO

we love each other

Be kind to each other

Not be jealous of others

THEN

We feel good inside

We feel happy inside

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## Class Discussions

He is tall, She is short,  
He is fat, She is thin  
He has black eyes, She has brown eyes  
He has black hair, She has blonde hair  
He has dark skin, She has fair skin  
He was born in India, She is born in America  
He comes from China, She comes from London  
SO WHAT? SO WHAT?  
We should be proud of who we are  
And love others as they are

We enjoy what we do  
We try our best  
Sometimes we do not get what we want  
That is OK too!

This is a wonderful world to live in . We should have respect for everything. We should NEVER hurt anybody on purpose.

Always remember two words: Thankyou and Sorry  
Say "Thankyou" when others do you good  
Say "Sorry" when you do something wrong.



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*We pray everyday:*

काले वर्षतु पर्जन्यः । पृथिवी सस्यशालिनी ।

देशोऽयं क्षोभरहितः । ब्राह्मणास्सन्तु निर्भयः ॥

kale varṣatu parjanyaḥ, pṛthivi sasyaśālinī  
deśo'yaṁ kṣobharahitaḥ, deśo'yaṁ kṣobharahitaḥ

*May the clouds rain at the proper time, May the earth produce grain grains.  
May this country be free from famine. May men of wisdom be fearless.*

सर्वे भवन्तु सुखिनः । सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु । मा कश्चिद् दुःखभाग् भवेत् ॥

sarve bhavantu sukhinḥ / sarve santu nirāmayāḥ  
sarve bhadraṇi paśyaantu / mā kaścīd duḥkhabhāg bhavet

*May all be happy. May all be free from disease. May all enjoy prosperity.  
May none experience sorrow.*

लोकास्समस्तास्सुखिनो भवन्तु

lokāssamastāssukhino bhavantu

*May all beings be happy.*

