Pūrṇa Vidya

पूर्ण विद्या

Kumud Singhal
Course Curriculum

**Prayers:** Teach proper chanting of sanskrit slokas.
Reference: “My prayers” booklet prepared by me

**Panchtantra Stories:** These short stories have animals as the main characters and are unique in their ability to catch attention of young children and educate them about right and wrong, dharma – adharma in simplistic terms. The stories will follow a discussion about the morals of these stories. Students will also be asked to use their imaginations to colour the illustrations.
Reference: 20 Pancatantra Stories for the Young

**Puranic Stories:** Complete projects on Lord Ganesha, Lord Krshna, Ten avatars of Lord Vishnu, etc

**Stories common in India:** Akbar& Birbal, Vikram& Betaal, …..

**Values of Life:** Discussion why values are important ie speaking the truth, not hurting, etc

**Language:** Introduction to devanagri alphabets

**India:** Indian History, indian flag, anthem, …..

**Festivals:** Celebrate religious functions in class like Diwali, Holi, Shivaratri, ..

**Arts and Crafts:** Arts and Crafts related to stories

**Puja:** Teach first three steps in the sixteen step puja

**Stage Show:** Children perform a play and chant in front of the parents
Words of Wisdom

सत्यं वद | Speak the truth
धर्मं चर | Act according to virtue
मातृदेवो भव | Treat mother as God
पितृदेवो भव | Treat father as God
आचार्यदेवो भव | Treat the teacher as God
अतिथिदेवो भव | Treat the guest as God
विद्या ददाति विनयं | Learning gives modesty

Class Discussions

Why should we speak the truth?
Why should we do the right thing?
Why should we treat our parents and teachers with respect?
Why is learning new things fun?
What does “Learning gives modesty” mean?
Discussion Topics

Why should we help others?
Why should we not hurt others?
Why should we not call names?
Why do we make fun of others?
Why should we be polite?
Why do we lie?
Why should we speak the truth. Sometime speaking the truth gets us into trouble

Always Remember:
The sun gives light and warmth to everyone
The trees gives shades and fruits to everyone
Everything is given to us!
We should only use what we need
We should not waste anything

Trees are like good people. They themselves stand in the heat and make shade for others. (Their) fruits are also) for (the benefit) of others.
We Are Thankful!

We are thankful for:

**Shelter:** The home we live in

**Clothing:** The clothes we wear

**Water:** Not any kind of water, but clean water to drink, it doesn’t make us sick.

**Food:** Good food to keep us strong and healthy.

**Friends and family:** To support us and to share our lives with.

**Jobs:** To keep a roof over our heads, clothing on our bodies, fresh water to drink, food to eat and to provide us with everything else we need.

We are Thankful...

We are thankful for each day

For our friends and for our play

We are thankful; We are glad

For the food and things we have

We give thanks for you and me

And our home and family.

Thank You...

Thank you for the food we eat

Thank you for the world so sweet

Thank you for the birds that sing

Thank you, thank you

For everything.
The Cuckoo and the Crow

My father told me something,
That I’d like you to know,
It’s all about the cuckoo
And her feathered cousin, crow.
Whether you see the other
Or you see the one,
Since both are black, the difference
Is apparent to none.
But when the winter fades away
Gives birth to colourful spring,
The heavenly voice of the cuckoo,
From ancient trees doth ring.
And so it is with the good,
Outer appearances matter not,
It’s with stuff that they are made of,
That the world’s attention is caught.
So be like the cuckoo, child he said
Develop your strengths within.
Make a difference to every life you touch,
By heralding the spring in.

काकः कृष्णः पिकः कृष्णः को भेदः पिककाकयोः ।

वसन्तसमये प्राप्ते काकः काकः पिकः पिकः ॥

ककः क्रिष्णः पिकः क्रिष्णः को भेदः पिककाकयोः
वसंतसमाये प्राप्ते ककः क्रिष्णः पिकः पिकः
Unity in Diversity

There are bangles, there are chains
There are rings, there are earings
But all are made of GOLD
Bangles, chain and rings are all different forms of GOLD!
There are tables, there are chairs
There are desks, there are doors
But all are made of Wood
Tables, chairs, desks and doors are all different forms of WOOD!
There are shirts, there are shorts
There are jeans, there are skirts
But all are made of FABRIC
Shirts, shorts, jeans and skirts are all different forms of FABRIC
There is Aditi, there is Roopal
There is Vishnu, there is Pranav
We are different yet we are the same
There is unity in diversity
SO
we love each other
Be kind to each other
Not be jealous of others
THEN
We feel good inside
We feel happy inside
Class Discussions

He is tall, She is short,
He is fat, She is thin
He has black eyes, She has brown eyes
He has black hair, She has blonde hair
He has dark skin, She has fair skin
He was born in India, She is born in America
He comes from China, She comes from London

SO WHAT? SO WHAT?
We should be proud of who we are
And love others as they are

We enjoy what we do
We try our best
Sometimes we do not get what we want
That is OK too!

This is a wonderful world to live in. We should have respect for everything. We should NEVER hurt anybody on purpose.

Always remember two words: Thankyou and Sorry
Say “Thankyou” when others do you good
Say “Sorry” when you do something wrong.
We pray everyday:

काले वर्षतु पर्जन्यः । पृथ्वी सस्यशालिनी ।

देशोऽयं शोभरहितः । ब्राह्मणास्सन्तु निर्मयः ।

kale varṣatu parjanyah, pṛthivi sasyaśālinī
deso’yaṁ kṣobharahitaḥ, deso’yaṁ kṣobharahitaḥ

May the clouds rain at the proper time, May the earth produce grains. May this country be free from famine. May men of wisdom be fearless.

sarve bhavantu sukhinīḥ / sarve santu nirāmayāḥ
sarve bhadrāṇi paśyaantu / mā kaścid duḥkhabhāg bhavet

May all be happy. May all be free from disease. May all enjoy prosperity. May none experience sorrow.

लोकांसमस्ताःसुखिनो भवन्तु

lokāssamastāssukhino bhavantu

May all beings be happy.